

# DECEMBER 2011 HOLIDAY GOLF CAMP



**When:** Sunday 11th December to Friday 16th December 2011

**Where:** KeNako Golf & Sports Academy, George

**Who:** For all budding golfers (with focus on teens)

**Cost:** R4 400-00 Full Board (Incl VAT)  
R2 300-00 Day Students (Incl VAT)

## **This includes:**

- 5 Nights accommodation in KeNako Academy Suites (Swimming pool, games room & TV etc)
- 3 Meals per day prepared by our resident Chef
- 4 Rounds of Golf with a "snack pack"
- Outdoor activities: Abseiling/Kayaking/Ropes Course etc
- Obstacle Course
- Other activities: Ten Pin Bowling/Paintball/Sandboarding etc
- Golf Lesson with Roger Wessels (PGA), including video swing analysis
- Mental Coaching on Golf Course with Steven Buhr (Sports Psychologist)
- Gym sessions and Bootcamp with Jan-Fourie (Biokineticist)
- Cooking class with Rog Douglas (Chef)
- Evening entertainment (movie on big green, pop corn, coffee/tea, rusks)
- Transport to and from airport as well as all other activities

Statistics show that teens enjoy the "BEYOND GOLF" experience as much as the golf!

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